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WORKERS' COMPENSATION APPEALS BOARD STATE OF CALIFORNIA

SANDRA HERNANDEZ,

Applicant,

vs.

INN OF SPANISH GARDENS; ARCH INSURANCE COMPANY, Administered By LWP CLAIMS,

Defendants.

Case No.

ADJ9072448 (Oxnard District Office)

OPINION AND DECISION AFTER RECONSIDERATION

We previously granted the Petition for Reconsideration (Petition) filed by defendant to further study the factual and legal issues in this case. This is our Opinion and Decision After Reconsideration. Defendant sought reconsideration of the May 26, 2015 Findings and Award (F&A), wherein the workers' compensation administrative law judge (WCJ) found that applicant, while employed as a housekeeper from March 16, 2013 through April 15, 2013, sustained industrial injury to her left hand, left arm, left shoulder, and neck. The WCJ also found that applicant was entitled to temporary disability indemnity benefits for the period from April 13, 2013 and continuing.

Defendant contended that the WCJ erred in finding that applicant's injury was industrially caused. Defendant also contended that the WCJ erred in finding that applicant was entitled to temporary disability indemnity benefits for the period from April 13, 2013 and continuing.

We have reviewed applicant's Answer. The WCJ prepared a Report and Recommendation on Petition for Reconsideration (Report), recommending that the Petition for Reconsideration (Petition) be denied.

We have considered the Petition, the Answer, and the contents of the Report, and we have reviewed the record in this matter. For the reasons discussed below, we will rescind the WCJ's F&A and return this matter to the trial level for further proceedings and a new decision by the WCJ.

Applicant claimed that, while employed by defendant as a housekeeper from March 16, 2013 through April 15, 2013, she sustained an industrial injury to her left hand, left arm, left shoulder, and neck.

A. Medical Reporting

On June 26, 2013, applicant was evaluated by Stuart Hutchinson, M.D. (Orthopedic Consult Report, Applicant's Exhibit 5.) Dr. Hutchinson reviewed medical records and ordered an MRI study of applicant's cervical spine. (App. Exh. 5, p. 3.) After examining applicant, Dr. Hutchinson diagnosed her with cervicalgia, cervical disc displacement without myelopathy, and carpal tunnel syndrome. (*Ibid.*)

Next, applicant was evaluated at the offices of her primary treating physician, Richard D. Scheinberg, M.D., on August 26, 2013. (Primary Treating Physician Reports, Applicant's Exhibit 2, pp. 1-5.) Dr. Scheinberg was absent at this appointment, however, and applicant was instead seen on a walkin basis by Mark Ashtiani, P.A.-C. (App. Exh. 2, p. 5.) Mr. Ashtiani confirmed that applicant's case was discussed in detail with Dr. Scheinberg before the report was composed, and that Dr. Scheinberg had provided the treatment plan and disability status. (*Ibid.*) Because applicant was seen on a walk-in basis, Mr. Ashtiani reviewed "minimal" records and no diagnostic studies. (*Id.* at pp. 3-4.) Based on applicant's history, however, the report indicates that applicant had "impingement/rotator cuff pathology, left shoulder, and upper extremity compression neuropathy" and that applicant was temporarily totally disabled "until further notice and further discussion." (*Id.* at p. 5.) The August 26, 2013 report does not appear to include a signature by either Dr. Scheinberg or Mr. Ashtiani.

Applicant next visited Dr. Scheinberg on September 17, 2013. (App. Exh. 2, pp. 6-7.) The September 17, 2013 report does not include a section on review of medical records and discusses an MRI study of applicant's cervical spine from July 24, 2013. (*Id.* at p. 6.) Dr. Scheinberg opined that applicant's "principal problem is her left shoulder and her upper extremities, not her cervical spine. She should be considered temporarily partially disabled avoiding repetitive at-or-above shoulder-level activities with her left upper extremity or forceful gripping or grasping with her left hand." (*Id.* at p. 7.) The September 17, 2013 report does not appear to include a signature by Dr. Scheinberg.

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On October 14, 2013, applicant again visited Dr. Scheinberg. (App. Exh. 2, pp. 8-12.) Once again, it appears that Dr. Scheinberg did not review any medical records or studies, and the October 14, 2013 report does not appear to include a signature by either Dr. Scheinberg or Mr. Ashtiani.

A month later, on November 14, 2013, applicant again visited Dr. Scheinberg. (App. Exh. 2, pp. 13-17.) Once again, it appears that Dr. Scheinberg did not review any medical records or studies, and the November 14, 2013 report does not appear to include a signature by either Dr. Scheinberg or Mr. Ashtiani.

Dr. Scheinberg issued a supplemental report on December 2, 2013. (App. Exh. 2, pp. 18-19.) Noting that applicant's case had been denied on the issue of industrial causation, Dr. Scheinberg opined,

It is likely that [applicant] did have an underlying propensity to develop overuse, such as left shoulder impingement or carpal tunnel syndrome. However, the work for 6 weeks as a housekeeper at the Inn at the Spanish Garden, where she was expected to clean rooms, vacuum, scrub, carry linens, make beds, prepare rooms for beds, preparing as many as 11 rooms per day, 5 to 6 days per week, is certainly sufficient to created [sic] a cumulative trauma to the upper extremities resulting in these symptoms. Clearly she was diagnosed with left upper extremity overuse [...] and the exposure at the Inn at the Spanish Garden is sufficient to have created those symptoms. Six weeks of work under those circumstances is certainly conducive to a cumulative trauma. (Ibid.)

The December 2, 2013 report does appear to contain an electronic signature by Dr. Scheinberg. (*Id.* at p. 19.)

On February 25, 2014, applicant was evaluated by Charles Schwarz, M.D., the Panel Qualified Medical Evaluator (PQME) in orthopedics. (February 25, 2014 PQME Report, Defendant's Exhibit C.) Dr. Schwarz examined applicant and reviewed extensive medical records. (Def. Exh. C, pp. 2-12.) Based on this, he diagnosed applicant with cervical spine musculoligamentous sprain, carpal tunnel syndrome in the left wrist, medial epicondylitis in the left elbow, biceps tendinitis in the left shoulder, and left foot sprain. (*Id.* at pp. 12-13.) Dr. Schwarz also concluded that applicant "sustained an injury to the cervical spine and left upper extremity as a result of her employment on a continuous trauma basis" and that "the conditions for the cervical spine and left upper extremity are consistent with the industrial injury." (*Id.* at p. 13.)

On May 13, 2014, applicant visited Dr. Scheinberg's office. (App. Exh. 2, pp. 25-26.)

Dr. Scheinberg reviewed applicant's left shoulder MRI study, and stated that the MRI indicated that applicant had "high-grade partial undersurface tear, supraspinatus, as well as mild supraspinatus myotendinous strain with moderate downsloping of the acromion [as well as] left greater than right carpal tunnel syndrome." (*Id.* at p. 25.) Dr. Scheinberg diagnosed applicant with a left shoulder rotator cuff tear and left upper extremity carpal tunnel syndrome and recommended that applicant undergo left shoulder arthroscopic subacromial decompression and rotator cuff repair. (*Id.* at p. 26.)

On May 22, 2014, Dr. Schwarz issued a supplemental report, in which he reviewed additional medical records. (May 22, 2014 Supplemental Report, Defendant's Exhibit B, p. 1.) Dr. Schwarz reiterated his previous diagnoses – cervical spine musculoligamentous sprain, carpal tunnel syndrome in the left wrist, medial epicondylitis in the left elbow, biceps tendinitis in the left shoulder, and left foot sprain – as well as his opinions on industrial causation. (Def. Exh. B, p. 3.)

On October 18, 2014, Dr. Schwarz issued a second supplemental report, in which he reviewed applicant's job description, applicant's deposition, his own deposition, applicant's employment records, employee statements, and sub rosa videos. (October 18, 2014 Supplemental Report, Defendant's Exhibit A, pp. 1-4.) Although he reiterated his previous diagnoses, Dr. Schwarz reversed his opinion on industrial causation, finding that applicant's injury was unrelated to her employment with defendant. (Def. Exh. A, pp. 5-6.) Dr. Schwarz stated:

I have now had the opportunity to review additional information as noted above. It is noted that this patient worked for a period of approximately 6 weeks for the Inn of the Spanish Gardens. The weight statements also indicated that she worked between 3-6 hours per day. The job description [was] reviewed and indicates that she performed occasional use of the upper extremities and that she carried and lifted up to 10 pounds.

It is also noted in the statements from coworkers that in her first few days of employment she had complaints of tingling in her arms, it was also noted that one coworker had previously observed her wearing braces on her arms prior to her employment with inn of the Spanish Gardens.

The surveillance videos show the application performing normal activities of daily living including driving. She is also observed to perform extensive use of the left upper extremity. In particular, she performs reaching activities and above the shoulder level, which would be inconsistent with her complaints of pain or injury for the left upper extremity.

Based upon the above-noted factors, it is concluded that left upper extremity injury or complaints is unrelated to her employment with In the Spanish Gardens.

The length of time of employment and activities performed by the applicant on the job is not consistent with a continuous trauma injury to the left upper extremity. There is evidence for preexistent condition for the left upper extremity based upon the statements from the coworkers. In addition, the surveillance video demonstrates activities inconsistent with impingement syndrome or any other painful condition for the left upper extremity.

In addition, my prior examination for the claimed left lower extremity injury showed no evidence for impairment. There is also no evidence for injury to the left lower extremity as noted in the statements from the coworkers. There is no documentation for left lower extremity injury at work. Therefore, the lower extremity complaints are not considered industrially related. (*Id.* at p. 6.)

B. Procedural History

The parties appeared for trial on March 26, 2015 on the issues of, as relevant here, industrial causation and temporary disability.

On May 26, 2015 the WCJ issued his F&A, in which he found that applicant, while employed as a housekeeper from March 16, 2013 through April 15, 2013, sustained industrial injury to her left hand, left arm, left shoulder, and neck. The WCJ also found that applicant was entitled to temporary disability indemnity benefits for the period from April 13, 2013 and continuing. In the accompanying Opinion on Decision, the WCJ indicates that although the medical reporting could be interpreted to find that applicant did not sustain industrial injury, Dr. Scheinberg's reports supported a finding of cumulative trauma "on balance."

Defendant timely sought reconsideration, contending that the WCJ erred in finding that applicant's injury was industrially caused. Defendant also contends that the WCJ erred in finding that applicant was entitled to temporary disability indemnity benefits for the period from April 13, 2013 and continuing.

DISCUSSION

A decision of the Workers' Compensation Appeals Board must be supported by substantial evidence. (Lab. Code, § 5952(d); Lamb v. Workmen's Comp. Appeals Bd. (1974) 11 Cal.3d 274, 280-81 [39 Cal.Comp.Cases 310].) To be considered substantial evidence, a medical opinion "must be predicated on reasonable medical probability." (E.L. Yeager Construction v. Workers' Comp. Appeals Bd. (Gatten) (2006) 145 Cal.App.4th 922, 928 [71 Cal.Comp.Cases 1687]; McAllister v. Workmen's

Comp. Appeals Bd. (1968) 69 Cal.2d 408, 413, 416-17, 419 [33 Cal.Comp.Cases 660].) An opinion is not substantial evidence if it is based on "inadequate medical histories or examinations, on incorrect legal theories, or on surmise, speculation, conjecture, or guess." (Escobedo v. Marshalls (2005) 70 Cal.Comp.Cases 604, 620-21; see also Gatten, supra, 145 Cal.App.4th at p. 928 [an opinion "is not substantial evidence if it is based on facts no longer germane, on inadequate medical histories or examinations, on incorrect legal theories, or on surmise, speculation, conjecture, or guess. Further, a medical report is not substantial evidence unless it sets forth the reasoning behind the physician's opinion, not merely his or her conclusions." (citations omitted)].)

Moreover, the Appeals Board has the discretionary authority to develop the record so that it includes substantial evidence, or when appropriate to provide due process or fully adjudicate the issues. (Lab. Code, §§ 5701, 5906; *Tyler v. Workers' Comp. Appeals Bd.* (1997) 56 Cal.App.4th 389, 392, 394 [62 Cal.Comp.Cases 924] ["The principle of allowing full development of the evidentiary record to enable a complete adjudication of the issues is consistent with due process in connection with workers' compensation claims." (citations omitted).]"; see *McClune v. Workers' Comp. Appeals Bd.* (1998) 62 Cal.App.4th 1117, 1120-22 [63 Cal.Comp.Cases 261].) As set forth in our decision in *McDuffie v. Los Angeles County Metropolitan Transit Authority* (2001) 67 Cal.Comp.Cases 138 (Appeals Board en banc): "Sections 5701 and 5906 authorize the WCJ and the Board to obtain additional evidence, including medical evidence, at any time during the proceedings [but] [b]efore directing augmentation of the medical record . . . the WCJ or the Board must establish as a threshold matter that specific medical opinions are deficient, for example, that they are inaccurate, inconsistent or incomplete." (*McDuffie, supra,* at p. 141 (citations omitted).)

The medical reporting in the record before us is inadequate, and does not constitute substantial evidence. The WCJ has indicated that he relied on Dr. Scheinberg's reports. However, these reports reflect that Dr. Scheinberg never reviewed applicant's medical records. Instead, Dr. Scheinberg relied on the medical history provided by applicant, as well as applicant's descriptions of her job duties, work schedules, and the onset of her symptoms. Moreover, the first report from Dr. Scheinberg's office was not signed by Dr. Scheinberg, and indeed applicant was not examined by Dr. Scheinberg in preparation

for that report. Dr. Scheinberg did not sign any of his reports until his December 2, 2013 report. The December 2, 2013 report does contain a discussion of industrial causation, but the discussion is brief and cursory, setting forth only the conclusion without sufficiently explaining the reason behind Dr. Scheinberg's opinion. Further, Dr. Scheinberg opined that applicant should undergo a shoulder subacromial decompression and rotator cuff repair. This conflicts with the opinions of Dr. Hutchinson and PQME Dr. Schwarz, both of whom have indicated that applicant's injury involves her cervical spine, not her left shoulder.

In light of the foregoing, we find that there is insufficient evidence to rule on industrial causation. Further, as the WCJ based his finding on temporary disability on his finding of industrial causation, we also find that there is insufficient evidence to rule on temporary disability. Accordingly, we will grant defendant's Petition, rescind the WCJ's F&A, and return the matter to the WCJ. Upon return, the parties should obtain medical reporting and/or deposition testimony from an Agreed Medical Evaluator (AME) on the issue of industrial causation. In the alternative, the WCJ may appoint a treating physician on the issue of industrial causation. In either event, this physician should be provided with an accurate description of applicant's work duties, the hours and days that applicant worked, and an accurate history of the onset of applicant's symptoms.

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For the foregoing reasons, IT IS ORDERED, as the Decision After Reconsideration of the Workers' Compensation Appeals Board, that the May 26, 2015 Findings and Award is RESCINDED and the matter is RETURNED to the trial level for further proceedings and a new decision by the WCJ consistent with this opinion. WORKERS' COMPENSATION APPEALS BOARD I CONCUR, I DISSENT (see attached dissenting opinion), MARGUERITE SWEENZY DATED AND FILED AT SAN FRANCISCO, CALIFORNIA SEP 0 2 2015 SERVICE MADE ON THE ABOVE DATE ON THE PERSONS LISTED BELOW AT THEIR ADDRESSES SHOWN ON THE CURRENT OFFICIAL ADDRESS RECORD. SANDRA HERNANDEZ LAW OFFICES OF WILLIAM WOLFF BRADFORD & BARTHEL RB/bgr

DISSENTING OPINION OF COMMISSIONER MARGUERITE SWEENEY

I dissent. As an initial matter, I disagree with the majority's interpretation of the medical reporting in this record before us. Before she began treating with Dr. Scheinberg, applicant was also examined by several doctors at walk-in clinics, all of whom found that applicant's shoulder pain and carpal tunnel syndrome were consistent with industrial injury. (See March 28, 2013 Treatment Records, Applicant's Exhibit 1; April 30, 2013 Primary Treating Physician's Progress Report, Applicant's Exhibit 6; May 7, 2013 Initial Evaluation, Applicant's Exhibit 7; June 26, 2013 Orthopedic Consult Report, Applicant's Exhibit 5.) Further, while it is true that many of Dr. Scheinberg's reports are unsigned, defendant has not objected to the reports on this ground. This issue is therefore not properly before us.

Further, I note that a WCJ's findings on credibility are entitled to great weight, "because of the referee's opportunity to observe the demeanor of the witnesses and weigh their statements in connection with their manner on the stand." (*Garza v. Workers' Comp. Appeals Bd.* (1970) 3 Cal.3d 312, 319 [35 Cal.Comp.Cases 500, 505].) Here, the WCJ had the opportunity to observe applicant as she provided both her initial testimony and rebuttal testimony refuting defendant's witness. The testimony provided by applicant is consistent with the medical reports in the record. Applicant testified that her job involved lifting heavy things, such as mattresses on beds, vacuum cleaners, and laundry weighing up to 40 pounds. (March 26, 2015 Minutes of Hearing and Summary of Evidence [MOH/SOE], pp. 4:18-20, 10:20-22.) She began experiencing pain in her wrists and tingling in her hand, fingers, shoulder, and arm during the first few weeks of work, which developed into just pain. (March 26, 2015 MOH/SOE, p. 4: 21-23.) She had never experienced problems with her left upper extremity before she worked for defendant. (*Id.* at p. 5:18-19.) When she worked for defendant, she would clean for four or five hours a day, usually between eight and ten rooms a day. (*Id.* at p. 6:17-19.) This credible testimony supports the WCJ's finding of industrial causation.

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For these reasons, I would affirm the WCJ's F&A.



WORKERS' COMPENSATION APPEALS BOARD

MARGUERITE SWEENEY, COMMISSIONER

DATED AND FILED AT SAN FRANCISCO, CALIFORNIA

SEP 0 2 2015

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